



# UPLANDS MANOR PRIMARY SCHOOL

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Dear Parents and Carers

December 2025

**PE days for Spring 1 2026 (5<sup>th</sup> January – 13<sup>th</sup> February)**

| Reception | Wednesday             |  |    |                       |  |    |           |            |
|-----------|-----------------------|--|----|-----------------------|--|----|-----------|------------|
| 1B        | Tues & Wed            |  | 1W | Tues & Fri            |  | 1Z | Mon & Wed |            |
| 2S        | Tues & Fri            |  | 2G | Thu & Fri             |  | 2C | Mon & Wed |            |
| 3E        | Mon & Thu             |  | 3G | Tues & Fri            |  | 3A | Wed & Thu |            |
| 4S        | Mon & Thu             |  | 4C | Mon & Thu             |  | 4E | Wed & Fri |            |
| 5H        | Tues (swimming) & Thu |  | 5S | Mon & Tues (swimming) |  | 5P | Thu & Fri |            |
| 6M        | Mon & Fri             |  | 6T | Mon & Thu             |  | 6W | Thu & Fri |            |
|           |                       |  |    |                       |  |    | 5I        | Thu & Fri  |
|           |                       |  |    |                       |  |    | 6A        | Tues & Fri |

**Swimming starts on Tuesday 6<sup>th</sup> January.**

### **PE Kits**

Having children come into school wearing their PE kit has worked really well for the past couple of years and has reduced the amount of lost learning time while children change as well as the number of children forgetting to bring their PE kit to school.

**However, it is important that children wear the correct uniform / PE kit on their PE days – they are not home clothes or dress-down days for the children.**

The school's PE kit is as follows:

- ✓ Plain black shorts (not hot pants or cycling shorts)
- ✓ Plain black leggings (if being worn for religious reasons)
- ✓ White t-shirt or polo shirt (it is not acceptable to wear football tops or other fashionable t-shirts)
- ✓ Red school jumper or cardigan on top of their white polo shirt
- ✓ Black pumps or trainers

In colder weather, children may also wear dark coloured tracksuit bottoms / joggers

- ✓ *Please note, hoodies and other jumpers must not be worn and children will be asked to take these off in school as they are not school uniform.*

Yours faithfully

Mrs R Keen  
Head Teacher